



Recommended Clothing and Gear to bring on a Santa Fe Search & Rescue Group Hike

- Adequate water - 1 to 3 liters depending on heat and duration of the outing and water replenishment source
- Snack type foods - bars, nuts, fruit
(more substantive stuff if an all day hike)
- Emergency food
- Adequate backpack
- Non-cotton pants, shirt, jacket, base layer, midlayer (fleece),
outer layer
- Cap or hat appropriate for weather
- Waterproof shell jacket (water and wind)
- Hiking boots with appropriate mid to heavy weight socks
- Gloves
- Personal first aid kit
- Headlamp with extra batteries
- Sunscreen
- Whistle
- Fire gear - (water/windproof matches, starter)
- Space blanket