II. EQUIPMENT

Individual Equipment (SOP requirements)

1. Hiking boots with good ankle support
2. Gear pack
3. Head cover
4. Gloves or mittens
5. Extra socks
6. Poncho or rain jacket with hood (outer layer)
7. Extra layers for cold/wind (middle layer)
8. Non-cotton inner layer (must have at least 3 non-cotton clothing layers)
9. Food for 24 hours
10. Water (2 quarts)
11. Knife
12. Fire starter
13. Compass with 5 degree accuracy
14. Whistle
15. Signal mirror
16. Flashlight and headlamp with extra batteries
17. First aid kit (for personal use)
18. Space blanket
19. Pencil or pen and paper
20. 20' of 1" tubular webbing
21. Sturdy work gloves
22. Helmet
23. Eye protection – glasses/goggles

Winter Equipment (SOP requirements)

1. Pack with method for attaching snowshoes and poles
2. Gaiters or equivalent
3. Snow shoes
4. Poles for snowshoeing
5. Snow shovel (minimum one per team)
6. Repair kit for snowshoes

Other Highly Recommended Additions

1. Means for making shelter (tarp, bivy, bothy, etc.)
2. Ground pad
3. Trail tape
4. Microspikes or equivalent
5. Local map(s)
6. Extra straps for securing gear
7. Pack rain cover
8. Hearing protection
9. Warmers (Hand, Toe, Body)
10. Batteries/recharge capability (Nav, phone, etc.)
11. Sunscreen
12. Layers for subjects
13. GPS device